

Take a breather



“Dear Breathe Easy Singers, I have been to one of Gisela’s meetings and found it increased my oxygen. She’s very friendly and it is worth joining her class to have a look.”

Tessa Jelen
Chair Westminster British Lung Foundation Support Group

Free 30 minute sessions to improve the quality of our breathing with professional singer Gisela.

THURSDAYS 6–6.30pm (UK time)

To learn more about me, please visit:

www.giselameyer.me.uk

Sign up at giselameyer.me.uk/contact/

Please note that I am not medically trained and offer these workshops solely from my prospective as a professionally trained singer.

I am offering these workshops to everyone (people signing up must be over the age of 18 and should be present at the Zoom meeting. They should act as a designated responsible adult for any participant under 18).

